



Nutriline® Concentrated Fruits and Vegetables



60 tablets

Item #: 100648

Phytonutrients equal to 10+ servings of fruits and vegetables

Rich with antioxidants to fight free radicals. This supplement is bursting with phytonutrients made from whole food extracts, including:

Lycopene to promote prostate health.†

Lutein to promote eye health.†

EGCG1 and quercetin to support circulatory and heart health.

Hesperidin to support circulatory health.

Ellagic acid to support colon health.

† This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

SUMMARY

Description

For just over \$1 per day, Nutriline® Concentrated Fruits and Vegetables provide the phytonutrient equivalent of more than 10 servings of fruits and vegetables, the amount recommended by health authorities. Phytonutrients are the natural nutrients in plants that give fruits and vegetables their vibrant colors and respective health benefits when consumed.

Benefits

- **Supports heart health** with 5 apples' worth of the phytonutrient quercetin (150 mg) and 2 servings of green tea's worth of the phytonutrient EGCG1 (90 mg).
- **Supports circulatory health** with 3 oranges' worth of the phytonutrient hesperidin (60 mg).
- **Supports colon health** with 1 ½ cups raspberries' worth of ellagic acid (40 mg).
- **Supports eye health** with 1 cup raw spinach's worth of the phytonutrient lutein (6 mg).
- **Supports prostate health** with 1 tomato's worth of the phytonutrient lycopene (3 mg).

1Epigallocatechin gallate (EGCG).

Ingredients

Supplement Label – Nutriline® Concentrated Fruits and Vegetables

Competitive Information

Product Advantage

While some brands may tell you which fruits and vegetables go into their supplements, they may not tell you how many nutrients are in their finished product. That's how the Nutrilite® brand is different. We formulate for consistent, significant levels of specific, desirable phytonutrients in each of our finished products and we list those phytonutrient levels on our label. That means you know what you're getting and how much, every tablet, every time.

Advisories

Children under 12 years of age, pregnant women or nursing mothers, or anyone with a medical condition should consult with a physician before using this product. Keep out of reach of children.

Frequently Asked Questions

Why do you recommend taking Nutrilite® Concentrated Fruits and Vegetables twice a day?

When you take Concentrated Fruits and Vegetables twice a day, there is a more constant supply of nutrients in the bloodstream so your body can use them as needed.

Can Concentrated Fruits and Vegetables products be taken with other Nutrilite® supplements like Nutrilite® Double X®, Daily, or Kids Chewable Multivitamin/Multimineral?

Absolutely. Supplements like Double X®, Daily, and Kids Chewable Multi provide a strong nutritional foundation of vitamins, minerals, and some phytonutrients. When you add Concentrated Fruits and Vegetables Tablets or Chewables, you get more phytonutrients, at higher levels. These increased phytonutrient levels are associated with greater health benefits.

Nutriline® Antioxidant Complex has little overlap with the antioxidants in Concentrated Fruits and Vegetables Tablets and Chewables so taking both products helps provide protection against a wider range of free radicals.

The amount of lutein in Nutrilite® Concentrated Fruits and Vegetables is almost twice as high as the lutein in Nutrilite® Vision Health with Lutein. Do I still need to take Vision Health?

Vision Health with Lutein is formulated with several ingredients not found in Concentrated Fruits and Vegetables, including bilberry extract, zeaxanthin, and DHA. So if you are interested in supporting healthy vision, you should continue taking Vision Health with Lutein.

I try to monitor the amount of sugar and sodium my family and I get. Do Concentrated Fruits and Vegetables Tablets contain sugar? What about sodium?

The tablets contain no added sugar or sodium.

Are there possible side effects from consuming Concentrated Fruits and Vegetables Tablets?

While none of the ingredients in Concentrated Fruits and Vegetables Tablets causes adverse reactions in most people, a very small percentage may experience gastrointestinal distress such as nausea and upset stomach, possibly due to the presence of quercetin or hesperidin.